



GLUTEN-FREE



DIETARY INGREDIENT

# SOY LECITHIN

IN POWDER FORM  
97% PURIFIED

250g e



7.0 kcal/g

## SOY LECITHIN

97% PURIFIED

DAYELET SOY LECITHIN is commonly used in gastronomy to thicken all types of sauces in doses between 0.2% and 0.3%. If the addition levels are increased between 0.5% and 0.8%, and the product is agitated in any cold solution, you will obtain liquids with bubbles known as "flavour air or foam" which provide endless tastes; sweet or salted, from fruits, vegetables or cheeses, etc.

### THIS PRODUCT IS:

sugar-free, gluten-free, lactose-free, egg-free, fructose-free, cholesterol-free and salt-free.

### IT IS ALSO SUITABLE FOR:

diabetics, coeliacs, vegetarians, vegans, and for people following weight control diets.

### COMPOSITION:

Soy lecithin in powder form E322.

### NUTRITION INFORMATION PER 100g:

700 kcal/100g. Carbohydrates: 0% [0% of them are polyols]. Other hydrates: 0%. Nutritional fibres: 0%.

Fat: 90% [Saturated fat: 25%]. Protein: 0%. Sodium: 0%.

DAYELET SOY LECITHIN is an excellent nutritional ingredient for the cellular activity of our body. It is a natural source of essential fatty acids which protects fat-soluble vitamins. Its emulsifier properties help our digestion and provide natural energy with no glycemic response. It is a healthy ingredient for all types of diets.

Soy is classified under the list of allergenic ingredients.

All the components of our formulas are GLUTEN-FREE.

Glycemic index = 0

### MORE INFORMATION:

<http://www.dayelet.co.uk/soy-lecithin.html>

**SUGAR-FREE, GLUTEN-FREE, EGG-FREE,  
LACTOSE-FREE, FRUCTOSE-FREE,  
CHOLESTEROL-FREE AND SALT-FREE.**

DAYELET SOY LECITHIN is the same emulsifier found in egg yolk and it provides the same nutritional properties, linking fat and water molecules. It cannot withstand very high temperatures since it decomposes and gets dark above 80 °C. It dissolves perfectly well in cold liquids when agitated. Since it absorbs moisture, the product must be kept in a close and isolated container.



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